

»»» → **BREAKFAST** ← «««

MADE TO ORDER - SERVED 7AM-3PM

THE USUAL \$7 V

Bagel with cream cheese, avocado & fresh cracked pepper. Served open-face.

+ GF bread on request // Served with hummus for a vegan option!

SECRET GARDEN \$7 VEGAN

Hummus, cucumber, sprouts, organic greens, tomatoes & our house-made balsamic dressing on a pumpernickel rye bagel.

BREAKFAST BAGEL SANDWICH \$6

Eggs, cheddar cheese & choice of bacon, sausage, or veggie sausage.

BREAKFAST BURRITO \$7

Egg, potato, green chile & cheese with choice of sausage, bacon or vegetarian.

+ Burritos are pre-made // No substitutions

BAGEL WITH CREAM CHEESE OR HUMMUS \$4

SERVED ALL DAY

BUDDHA BOWL \$7

Chai tea infused oatmeal with dried fruits, caramelized walnuts, cinnamon & honey.

+ Add chia seeds .75 // Add hemp seeds .75 // Add goji berries \$1

MORNING SUNDAE \$6

Vanilla yogurt, organic granola, fresh blueberries & dried fruits topped with blackberry-ginger balsamic

3 CHEESE QUICHE \$5

»»» → **LUNCH** ← «««

MADE TO ORDER - SERVED 11AM-3PM

VEGGIE SANDWICH \$8.5 V

Hummus, sharp white cheddar, cucumbers, sprouts, carrots, spring mix greens, tomato & lemon-tahini dressing on whole grain bread.

+ Add avocado or bacon \$1 // GF bread or vegan on request

SCOUT'S WRAP \$9.5

Oven-roasted turkey, white sharp cheddar, spring greens, tomatoes, sprouts, cucumbers, carrots & lemon-tahini dressing wrapped in a tomato-basil tortilla.

+ Add avocado or bacon \$1 // GF bread on request

CHICKEN LITTLE SANDWICH \$8

Beth's chicken salad, spring mix greens & tomatoes on whole grain bread.

+ Add avocado or bacon \$1 // GF bread on request

THE SHAKESPEAREAN SALAD \$12 V GF

Bed of spring mix greens, avocado, cucumbers, tomatoes, shredded carrots, sprouts, caramelized walnuts, crumbled feta & our house-made creamy balsamic dressing

+ Add turkey \$2 / Add chicken salad \$3 / Dairy free or Vegan on request